

## **iRecover Connection**

Volume 7, Issue 4, NOV 2024

## A Message from the Director:

Every year we develop a strategic plan to ensure we keep our focus on delivering high quality care to individuals who participate in our program. One of those important areas of focus has been employee training and development. Along with several additions to our training program, we have also begun Lunch and Learns. This gives us an opportunity for continued education in a tailored way and learn from each other. We look forward to making this a regular event as we strive to always do our best for the folks we serve.

## What's Happening At iRecover:

September is the National Recovery Awareness Month in Canada. To celebrate this, some members of the iRecover team attended the Recovery Days in Red Deer and New Westminster, BC. The Recovery Day in BC had a great show of support with approximately 50,000 attendees. Our very own Gabrielle Joy and Christina Webb spoke in front of this massive crowd. It was incredible to see the support amongst the recovery community and being a part of this important movement.



At our centre we hosted an Alumni Day event on September 28th. We were glad to see so many past participants and their loved ones here to celebrate recovery. Inspirational speakers included our very own, Jim Gray, along with past participants in recovery for 6+ years to spread the message of hope. We even had a few brave current participants get up to share their stories. It was heartwarming to see so many people doing well and the support of many loved ones who also showed up to celebrate. We want to thank all the amazing members of the team who were able to make it and made it such a special day.

<u>Feedback or Questions?</u> <u>Contact Us!</u> PO BOX 51 Tees, AB, TOC 2N0 24 hour Manager On Call: 587-802-1411 Gabrielle Joy, Director: 250-300-6491 gabrielle.joy@irecover.ca